This is a good video on a simple way to fabricate interior storms for your old windows (no ARB review required!)

<https://www.youtube.com/watch?v=FrRraS3zspU&feature=youtu.be&inf_contact_key=91e8132efc0200632a8cf734852078cf680f8914173f9191b1c0223e68310bb1>

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As we move into the colder part of the year, I’d like to share a link that talks about the what’s and why’s of insulating (or not!) Old Houses.  Generally we advocate a “hats and socks” approach, insulating attics and addressing moisture and controlling air flow in crawl spaces, caulking windows and doors, but this gives a good explanation for why insulating walls may not be the best approach.  You may remember Bob Yapp from a PBS show years ago, I’ve seen him speak at several conferences, his advice tends to be extremely practical (and highly entertaining).   I hope you’ll share with your neighborhoods!

<http://www.bobyapp.com/blog/2009/06/myths-about-insulating-old-house-walls>